



Parent Conference 2016

*Celebrating Families
in the North*

Saturday January 30, 2016

Register Online:

<http://bit.ly/sd60parentconf>

Location: North Peace
Secondary School

Time: 8:30am - 2:45pm
Lunch Provided

Sponsored by:

*SD60 Peace River North
CCRR*

Family Friendly Coalition

Featuring

*Dr. Martin
Brokenleg*

*Co-author of the
book Reclaiming
Youth at Risk:
Our Hope for the
Future*



Other Presenters:

Angela Gatt

Moya Fenney

Laurie Petrucci

Bev Baker

Cindy MacGarroch

Sue Stark

Heather Best

Dr. Martin Brokenleg	AM1 BUILDING STRENGTHS - EARLY CHILDHOOD	PM1 GROWING YOUR OWN KIDS
Dr. Martin Brokenleg is co-author of the book Reclaiming Youth at Risk: Our Hope for the Future and co-developer of the Circle of Courage model, provides training worldwide for individuals who work with youth at risk. He holds a doctorate in psychology and is a graduate of the Anglican Divinity School. He is a retired professor and was most recently Director of Native Ministries and Professor of First Nations Theology at the Vancouver School of Theology. For thirty years, Dr. Brokenleg was professor of Native Studies at Augustana University of Sioux Falls, South Dakota. He has also been a director of the Neighbourhood Youth Corps, chaplain in a correctional setting, and has extensive experience as an alcohol counsellor. Dr Brokenleg has consulted and led training programs throughout North America, New Zealand, Europe, Australia, and South Africa. He is the father of three children and an enrolled member of the Rosebud Sioux Tribe.		
Angela Gatt	AM2 INSPIRE YOUR KIDS TO LOVE SCIENCE/6 - 9 YEARS OLD	PM2 INSPIRE YOUR KIDS TO LOVE SCIENCE/3 - 5 YEARS OLD
Angela is a grade 4/5 teacher at Alwin Holland Elementary School. She has taught in SD60 for 6 years. She has a BSC in Biology. Science is has been a passion for her and she works to support science locally in any way she can. She has been a member of the Regional Science Fair Committee for several years, working to plan activities and approve ethics requests.		
Moya Fenney	AM3 CABIN FEVER BUSTERS!	PM3 KIDS HAVE STRESS TOO!
Moya is an Early Childhood Educator with 25 years of experience. She currently works as the Resource/Educator for Child Care Resource and Referral in Fort St. John. She is a trained facilitator for Kids Have Stress Too!		
Laurie Petrucci	AM4 CYBER BULLYING AND DIGITAL CITIZENSHIP	
Laurie has a teaching background in Science, Math, Technology and Careers. She is a teacher at SD60 Technology Services and is currently completing a Masters in Educational Technology through UBC. Laurie works with all students, K - 12, and looks forward to sharing with parents the many ways technology impacts students.		
Bev Baker & Cindy McGaroch	AM5 DEVELOPING SOCIAL EMOTIONAL LITERACY	
Bev is currently in the role of elementary counselor and helping teacher for Learning Assistant teachers in SD60. Cindy is the Literacy and Behavior Support teacher for SD60. After many years as an elementary classroom teacher, Cindy's current position involves the opportunity to support students at all levels. Both Bev and Cindy support students with varying degrees of anxiety, and they work collaboratively and creatively with teams to develop and implement strategies that will reduce all levels of anxiety.		
Sue Stark		PM4 Mentor Mom
Sue is a personal development mentor and parenting advisor, and author of Peer Pressure vs Me Pressure, a guide for teens and pre-teens on how to build a strong self image. Sue has been teaching and mentoring pre-teens and teens for 20 years and has found that one of the most powerful ways to help kids of any age is to support their Parents! This led to her workshop Influencing Your Children, and now to her work she will share at the conference - Mentor Mom.		
Heather Best		PM5 Childhood Trauma
Heather was born and raised in Fort St. John, and returned to the region after completing university studies. She has a Master's Degree in Counselling Psychology and works in the field of Mental Health for Children, Youth and their Families. Currently, she is the Aboriginal Child and Youth Mental Health Team Manager for Nenan Dane-zaa Deh Zona Family Services Society.		

Keynote Address 9:00 - 10:00	
Dr. Martin Brokenleg - Reclaiming Youth at Risk	
Morning Sessions ~ 10:15 - 12:00	
Dr. Martin Brokenleg AM1	BUILDING STRENGTHS - EARLY CHILDHOOD Those who work with young children have the best opportunity to lay the foundation of experiences that strengthen a child from within. The Circle of Courage philosophy operates at the level where all children are alike regardless of the ethnic community from which they come. Positive youth culture works, and research documents that positive approaches are effective in actually helping children.
Angela Gatt AM2	INSPIRE YOUR KIDS TO LOVE SCIENCE/6 - 9 YEARS OLD In this session you will learn about the benefits science can provide for your child's development and go away with easy and practical ways to complete experiments at home. Participants will leave with a kit of supplies along with many ideas ready to try. This session is limited to 20 participants.
Moya Fenney AM3	CABIN FEVER BUSTERS! Is cabin fever setting in? Are the kids bored and looking for something new to play? Cabin Fever Busters will be sure to keep your little ones busy! Come to this fun hands on interactive workshop ready to learn how to make play-dough, finger paint, and other fun recipes for your children. You'll leave with some ideas of interactive activities, play recipes as well as knowledge on how to create your own busy bags. This workshop is intended for parents with children between ages 1 and 6. This session is limited to 20 participants.
Laurie Petrucci AM4	CYBER BULLYING AND DIGITAL CITIZENSHIP As technology continues to be integrated into classrooms, learning more about digital citizenship and safety is essential. Students need to develop a greater awareness of the digital footprint they create using the world-wide-web and the role they play as a global digital citizen.
Bev Baker & Cindy McGarroch AM5	DEVELOPING SOCIAL EMOTIONAL LITERACY One of the best anxiety prevention strategies for our children is to enhance their level of emotional literacy. Emotional literacy is the ability to identify feelings in one's self and others. It is an essential prerequisite skill for emotional regulation, successful interpersonal relationships and problem solving. This session will explore a variety of fun and engaging strategies to enhance emotional literacy in our children (and ourselves).
Lunch, Free of Charge to Participants - 12:00 - 1:00 NPSS Cafeteria	
Afternoon Sessions ~ 1:00 - 2:45	
Dr. Martin Brokenleg	GROWING YOUR OWN KIDS Parenting isn't for the faint at heart. Parents face challenges

<p>PM1</p>	<p>today that are age old; keeping our children safe and connected to those who love them, keeping them physically and spiritually healthy, supporting their learning and growth, and empowering them to live productive lives. In this session we review parenting challenges, the need for diverse parenting styles and examine the way parents and communities can help kids grow to be their best through the lens of the Circle of Courage. The picture frame for this session includes songs, dances and stories of Aboriginal life. These are tools that make learning an experience of the heart.</p>
<p>Angela Gatt PM2</p>	<p>INSPIRE YOUR KIDS TO LOVE SCIENCE/3 - 5 YEARS OLD In this session you will learn about the benefits science can provide for your child's development and go away with some easy and practical ways to complete experiments at home. Participants will leave with a kit of supplies along with many ideas ready to try. This session is limited to 20 participants.</p>
<p>Moya Fenney PM3</p>	<p>KIDS HAVE STRESS TOO! Kids Have Stress Too! is a program designed to help parents, caregivers and educators become more aware of children's stress, and to help children cope with and develop effective ways of dealing with stress. This workshop will provide some examples of activities and strategies that you can use to help children manage day-to-day struggles and stress, and ease the transition from home to child care and back home again. This session is limited to 15 participants.</p>
<p>Sue Stark PM4</p>	<p>MENTOR MOM As moms and dads, we are the most powerful and influential teachers our kids will ever have. Yet today it seems there is so much more "out there" many parents did not experience themselves! How can we really help our kids through it all? Let Sue show you how moving from Mom/Dad to Mentor can help your kids in ways that they can really use. Sue will share 3 powerful and impactful things you can teach your kids; 2 things you must stop doing; and 1 thing parents should be asking their kids daily. As parents, there isn't anything that you are doing wrong, but there are simple strategies that you could be doing that will really help. As a bonus, Sue is offering a free private 30-minute session to everyone who signs up for her session.</p>
<p>Heather Best PM5</p>	<p>CHILDHOOD TRAUMA Childhood trauma impacts cognitive, emotional, behavioral, physical and social functioning. This session will draw from many different fields to form a holistic conceptualization of trauma. It will explore how trauma affects the body, learning, role of genetics and the environment, cultural considerations, neurobiological principles and diagnostic criteria.</p>

PARENT CONFERENCE 2016 REGISTRATION FORM

NAME

HOME PHONE

WORK PHONE

EMAIL

SCHOOL/PRESCHOOL YOUR CHILD ATTENDS

CONFERENCE SESSION SELECTION

As some sessions may fill up quickly, please provide a second choice.

Morning Session Name/Presenter		1st choice	2nd choice
Building Strengths - Early Childhood, <i>Dr. Martin Brokenleg</i>	AM1		
Inspire Your Kids to Love Science, 6 - 9 year olds, <i>Angela Gatt</i>	AM2		
Cabin Fever Busters!, <i>Moya Fenney</i>	AM3		
Cyber Bullying & Digital Citizenship, <i>Laurie Petrucci</i>	AM4		
<i>Bev Baker & Cindy McGarroch</i>	AM5		
Afternoon Session Name/Presenter		1st choice	2nd choice
Growing Your Own Kids, <i>Dr. Martin Brokenleg</i>	PM1		
Inspire Your Kids to Love Science, 3 - 5 year olds, <i>Angela Gatt</i>	PM2		
Kids Have Stress Too!, <i>Moya Fenney</i>	PM3		
Mentor Mom, <i>Sue Stark</i>	PM4		
Childhood Trauma, <i>Heather Best</i>	PM5		

PLEASE SUBMIT YOUR COMPLETED FORM ON OR BEFORE WEDNESDAY JANUARY 28, 2016 TO:

- YOUR LOCAL SCHOOL OFFICE OR
- FAX/MAIL/DROP OFF TO SD60 BOARD OFFICE, 10112 - 105 AVE., FORT ST. JOHN, BC V1J 4S4, ATTENTION: THERESA DANTUMA
- IF YOU MISS THE DEADLINE, PLEASE CONTACT HEATHER MCBRYAN, CCRR, AT 250-785-5701